Session Rating Scale (SRS V.3.0) Name Age (Yrs):

Relationship

Goals and Topics

Approach or Method

Overall

Institute for the Study of Therapeutic Change

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APPENDIX

Sex: M / F	

Please rate today's session by placing a that best fits your experience.	hash mark
, 1	

I did not feel heard,

We did not work on or

wanted to work on and

talk about what I

The therapist's

good fit for me.

today.

approach is not a

There was something

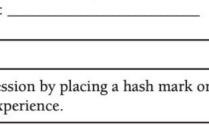
missing in the session

understood, and

respected.

talk about.

e today's session by placing a hash mark o fits your experience.



the line nearest to the description

I felt heard.

respected.

talk about.

for me.

me.

−I

The therapist's

Overall, today's

session was right for

understood, and

We worked on and

talked about what I

wanted to work on and

approach is a good fit