

MFT Trainee hours required by BBS

Trainee Experience Type	Minimum	Maximum
<p>1. Face-to-Face/Direct Counseling Experience</p> <p>Individuals, Groups, Couples, Families</p>	<p>150 hours of Practicum</p>	<p>Combined Maximum Of 750 Hours</p> <p>Note: No more than six hours of supervision may be credited in a single week</p>
<p>2. Supervision Individual, Triadic, Group</p> <p>*One unit of supervision equals one hour of individual or triadic supervision or two hours of group supervision</p>	<p>Each Week: One unit of supervision is required in each work setting</p> <p>Weekly Ratio: One unit of supervision is required for every five hours of direct clinical counseling provided in a single week in each setting</p> <p>(Trainees can calculate ratios based on the average number of hours gained over the history of all Trainee work weeks)</p>	
<p>3. Nonclinical Practice</p> <p>Administering and Evaluating psychological tests</p> <p>Writing clinical reports, progress notes or process notes</p> <p>Client-centered advocacy</p> <p>Workshops, seminars, training sessions or conferences</p>	<p>None</p>	<p>1,300 Hours (Minus All Face-to-Face Counseling and Supervision Hours)</p>