

## Experience required by BBS for LMFT licensure

| Experience Type  | Minimum   | Maximum  | Notes   |
|--|---|--|---|
| <b>Direct Clinical Counseling Experience</b> <ul style="list-style-type: none"> <li>• Individuals</li> <li>• Groups</li> <li>• Couples</li> <li>• Families</li> </ul>  | 1,750 hours<br>A minimum of 500 of those hours must be gained diagnosing and treating couples, families, and children | None   | Maximum of 750hrs allowed as a Trainee  |
| <b>Nonclinical Practice</b> <ul style="list-style-type: none"> <li>• Direct supervisor contact</li> <li>• Administering and evaluating psychological tests</li> <li>• Writing clinical reports, progress notes, or process notes</li> <li>• Client-centered advocacy</li> <li>• Workshops, seminars, training sessions or conferences</li> </ul> | None  | 1,250 hours  | Maximum of 1,300hrs allowed as a Trainee (minus all direct counseling and supervision hours)  |
| <b>Supervision, Individual and/or Triadic</b>  | 52 weeks that contain one hour of individual/triadic direct supervisor contact each week                              | A maximum of six hours of supervision may be credited in a single week | <b>Supervision Ratios:</b><br><b>Trainees:</b> An average of one unit of supervision is required for every five hours of direct clinical counseling provided each week in each setting.<br>(One unit of supervision equals one hour of individual or triadic supervision or two hours of group supervision.)<br><b>Associates:</b> Two units of supervision are required for any week in which more than 10 hours of face-to-face psychotherapy is performed in each setting. |

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|   |                      |                                    | (One unit of supervision equals one hour of individual or triadic supervision or two hours of group supervision.)  |
| <b>Supervision, Group (Maximum of eight in the group)</b> | None                 | Same as above                      | Same as above  |
| <b>Total Weeks of Supervised Experience Required</b>      | 104 supervised weeks | None                               | <b>Each week must contain a minimum of one unit of supervision</b> (One unit of supervision equals one hour of individual or triadic supervision or two hours of group supervision.) |
| <b>Total Hours of Supervised Experience Required</b>      | 3,000 hours          | Pre-degree:<br>Maximum 1,300 hours | <b>A maximum of 40 hours credited in any week</b>  |