

TABLE 9.3. Symptoms of Substance Use

		Substance intoxication								Substance withdrawal					
		Alcohol/sedatives	Cannabis	Stimulants ^a	Caffeine	Hallucinogens	Inhalants	Opioids	PCP	Alcohol/sedatives	Cannabis	Stimulants ^a	Caffeine	Nicotine	Opioids
Social	Impaired job/social functioning	×		×		×	×	×	×						
	Inappropriate sexuality	×													
	Social withdrawal		×												
	Interpersonal sensitivity			×											
Mood	Labile mood	×													
	Anxiety		×	×		×		×		×	×				
	Euphoria		×	×			×	×							
	Blunted affect, apathy			×			×	×							
	Anger			×							×			×	
	Dysphoria, depression					×		×			×	×	×	×	×
	Irritability										×		×	×	
Judgment	Impaired judgment	×	×	×		×	×	×	×						
	Assaultiveness, belligerence						×		×						
	Impulsivity								×						
Sleep	Insomnia, sleeplessness				×					×	×	×		×	×
	Bad dreams										×	×			
	Hypersomnia, drowsiness											×			
Activity level	Aggression	×									×		×		
	Agitation, increased activity			×	×			×	×	×		×			
	Tirelessness				×										
	Restlessness				×						×			×	
	Decreased activity			×			×	×				×			
Alertness	Reduced attention, concentration	×				×		×					×	×	
	Stupor or coma	×		×			×	×	×						
	Sensation of slowed time		×												
	Confusion			×											
	Hypervigilance			×											
Perception	Ideas of reference, persecution					×									
	Perceptual changes					×									
	Brief halluc./illusions					×				×					
	Depers./dereal.					×									
	Fears of insanity					×									
Autonomic	Dry mouth		×												
	Pupils constricted							×							
	Pupils dilated			×		×									×
	Sweating			×		×				×	×				×
	Piloerection														×
Muscle	Weakness			×			×								
	Twitching				×										
	Aches												×		×
	Rigidity								×						

		Substance intoxication								Substance withdrawal					
		Alcohol/sedatives	Cannabis	Stimulants ^a	Caffeine	Hallucinogens	Inhalants	Opioids	PCP	Alcohol/sedatives	Cannabis	Stimulants ^a	Caffeine	Nicotine	Opioids
Neurological	Dystonia, dyskinesia			×											
	Nystagmus	×					×								
	Tremors					×	×			×	×				
	Blurred vision					×	×								
	Double vision						×								
	Impaired reflexes						×								
	Seizures			×					×	×					
	Numbness								×						
	Headache									×			×		
Gastrointestinal	GI upset, diarrhea				×										×
	Nausea, vomiting			×						×			×		×
	Abdominal pain										×				
	Increased appetite/weight gain		×									×		×	
	Decreased appetite/weight loss			×							×				
Motor	Incoordination	×	×				×								
	Unsteady gait, trouble walking	×					×		×						
	Stereotypies			×											
	Lethargy						×								
	Slurred speech, dysarthria	×					×	×	×						
Cardiovascular	Irregular heartbeat			×	×	×									
	Slow heart rate			×											
	Rapid heart rate		×	×	×	×				×					
	Blood pressure up or down			×											
General	Depressed breathing			×											
	Chest pain			×											
	Dizziness						×								
	Red eyes		×												
	Chills			×							×				
	Fever										×				×
	Reduced memory	×						×							
	Nervousness, excitability				×						×				
	Rambling speech				×										
	Hyperacute hearing								×						
	Flushed face				×										
	Increased urination				×										
	Fatigue											×	×		
	Tearing, runny nose														×
	Yawning														×

Note: This table is also available from www.guilford.com/morrison6-forms.

^aSuch as cocaine and amphetamines.

Tables from James Morrison's "Diagnosis Made Easier Principles and Techniques for Mental Health Clinicians" (2014).