

USEFUL PHONE NUMBERS - NATIONAL DIRECTORY

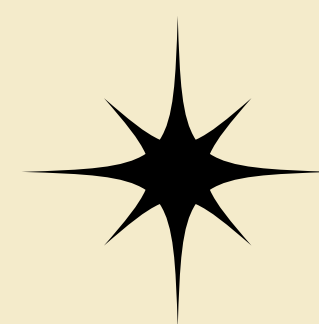


Abortion

Abortion Federation Hotline - (800) 772-9100

Post-Abortion Counseling - (800) 228-0332

Exhale - (888) 493-0092 Text: (617) 749-2948



Abuse

Child Abuse - (800) 422-4453

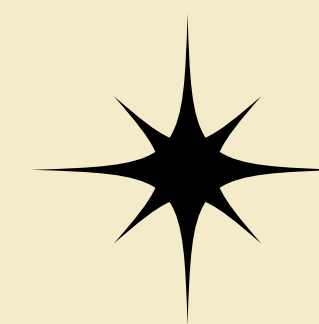
Domestic Violence - (800) 799-7233

Sexual Assault Hotline - (800) 656-4673

Missing Children Help Center - 800-872-5437

Rape Abuse and Incest National Network

(RAINN) - (800) 656-HOPE

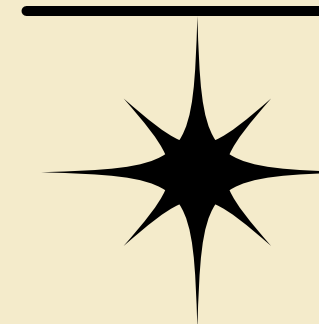


Addictions

Alcoholics Anonymous - (714) 773-4357

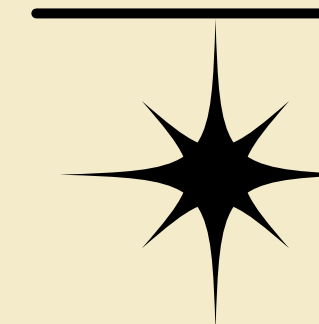
Alcohol Treatment Referral - (800) 252-6465

Drug Abuse - (800) 662-4357



Cancer

American Cancer Society - (800) 227-2345



Crisis

Crisis Text Line - Text HOME to 741741

Youth Crisis - (800) 448-4663

Crisis Pregnancy - (800) 67-BABY-6

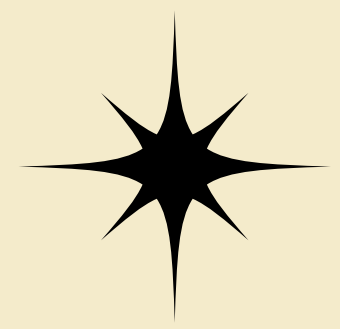
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USEFUL PHONE NUMBERS - NATIONAL DIRECTORY CONT.



Eating Disorders

Eating Disorders Awareness and Prevention - (800) 931-2237
National Association of Anorexia Nervosa and Associated Disorders - (847) 831-3438



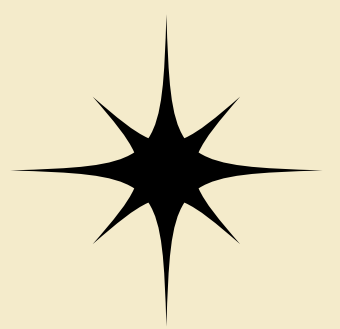
Homelessness

Homeless - (800) 231-6946



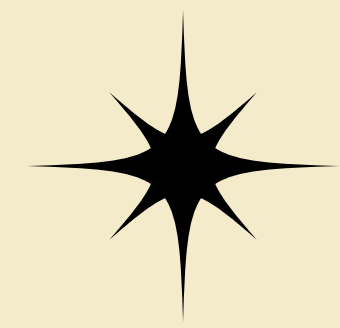
LGBTQ+

LGBTQ Hotline - (888) 843-4564
Trevor Project - (866) 488-7386
The Gay, Lesbian, Bisexual and Transgender
National Hotline - (888) 843-4564
Trans Lifeline - (877) 565-8860



Suicide

Suicide Hotline - 988
Nacional de Prevención del Suicidio - (888) 628-9454



Veterans

Veteran Combat Call Center - (877) 927-8387
Veteran Crisis - 988, then PRESS 1
Text 838255